

Please be patient with me as I am a work in progress. The format may look a little different, so bear with me as I work to keep the Greens informed and up to date.

Thanks Leigh 

## JAMBALAYA TAILGATE-It's Football Time




Pat Matherne will once again be head jambalaya chef, while the social committee will do the rest. All you have to do is pay in advance and show up. Everyone is encouraged to wear your favorite team shirt or colors to show your spirit as another football season is here.

**COST** \$ 7 per person-non-refundable (CASH preferred)

**DEADLINE TO PAY: Thursday Sept. 6th**

to Sissy Bourgeois 474-8486, Gloria Champagne 770-317-5815, Denise Hebert 985-320-8161, or Millie Matherne 474-3499. Please don't be late as ingredients must be pre-ordered.

**MENU:** Jambalaya, Beans, Coleslaw, Bread, Dessert.

 Bring your own soda, beer, wine, water, etc. If you pay and can't attend, call a neighbor to fix a go plate for you. Eat until the pots are empty but no doggie bag take outs please.

**The PP/Greens Garden Club will meet at Pelican Point Country Club, Thursday Sept. 13th, 1:00 pm. Dues are \$25 a year. If interested please join us for fellowship, field trips and guest speakers.**



Outgoing President Jerry Arnold was recognized for his service to the Greens, as well as Millie Matherne for her work these past years on the newsletter.



## The Greens HOA Meeting was held Aug. 15th, and the new board was elected. Seated

Gabriella Hunter Secretary

Mona Hull, Board of Directors

Standing- left Craig Naden, Treasurer

Danny LaFrance, Board of Directors

Keith LeJeune, Board of Directors

Charles Huggins, President

James Clinton, Vice President

Bill Dawson, Ascension Parish Council Member spoke to homeowners on drainage improvements to the area, roundabouts and work on highway 44.



## September Birthdays



**1- Beverly Huber**

**Jackie Ricca**

**7- Brenda Walker**

**Karen Sheehan**

**9- Janet Kitchen**

**11- Rafael Muradas**

**16- Lauren LeBlanc**

**16- Lauren LeBlanc**

**18- Donna Thompson**

**21- Karen Bake**

**Diane Covington**

**27- Larry Champagne**

**Kathy Harms**

**29- Butch Ricca**



Congratulations to two Greens golfers for finishing in the money in the Pelican Point Club-Championship august 11-12. Pat Matherne finished second low net in the first flight, and Chuck Rousselle placed first low net in the second flight.

### **Welcome New Residents** 😎

Martha O'Neal 6033 Courtyard Dr.  
Phyllis Graves 5511 Courtyard Dr.

◆ **CC's Happenings** : Submitted by Cindy Carroll  
New activities coming soon to Community Center. Watch for more information.

### ◆ Board Liaisons for Committees

Architectural control- Charles Huggins  
Buildings, Grounds, & Maintenance- Keith LeJeune  
Decorating- Gabriella Hunter  
Finance- Craig Naden  
Landscape- James Clinton  
Residents, Telephone Directory - *Danny LaFrance*  
Social- Craig Naden  
Sunshine- Mona Hull  
Townhomes- Charles Huggins  
Welcome- Danny LaFrance

### The Four-Legged Report by Leigh McGrew

Pet of the Month is Zetty Hull. His mother is Mona, he is a 11 year old Shetland Sheepdog. He is named for the original Shetland Islands, that were once called Zetland, during the time of the Vikings. Zetty loves attention, prefers to be surrounded by lots of company. He is easy going, rarely gets perturbed about anything, and enjoys the company of other dogs as well. Every evening dinner is at 5 pm, and Zetty knows that because on the tv the music for final Jeopardy plays and he says lets eat. He does enjoy the occasional Dreamcicle treat.



### Take Care for September 2018

By

Mona Hull, RN

Football season is here!!!! Make certain you don't miss any games, in person/ on television, get thee to a place for a flu shot. Stock up on tissue, cold medication, lozenges (for soothing throats after yelling during the game), chicken noodle soup, and fever medication.

### Healthy Aging Month

[www.activebeat.com](http://www.activebeat.com)

I harass you all year, so these suggestions are for FUN.

1. Volunteer: support whatever cause you are passionate about.
2. Dance! In the ballroom, special events, your living room. This is relatively low impact exercise and is great for reducing stress.
3. Take a class. It doesn't have to be college. Anything that will spark those brain cells.
4. Join a social club: Cards, book clubs, lunch groups, etc.
5. Spend time on your hobby. If you don't have one, you need to find one. (binge watching doesn't count).
6. Travel afar. Many cruises, travel agencies offer very affordable rates.
7. Get a pet. If you don't have the time or inclination to train a pup, adopt an ~~elderly~~ older dog.

### **Food Safety Awareness Month**

[www.fightbac.org](http://www.fightbac.org)

- 01, We all know: wash your hands before/after handling food, using the bathroom, changing diapers, or handling pets.
- 02, Wash cutting boards thoroughly after each use. AND use separate one for poultry, seafood and meat. Consider paper towels to clean kitchen surfaces. The environmentalists won't be happy, but the chances of spreading germs is reduced.
3. Rinse fruits and veggies under running water, even if you are going to peel them.
4. Separate raw meat, poultry, seafood and eggs from other foods in your shopping cart, grocery bags, and fridge. Put food away as soon as you get home. Plan trips so food does not stay in your car for extended periods of time.
5. Never put cooked food on unwashed plate that recently held raw meat.
6. Cook all foods to recommended temperatures.
7. Use a food thermometer to make certain inner parts of roasts, turkeys, etc. are done.
8. Do not let raw or some cooked food sit out on counter for longer than two hours.
9. Defrost meat in fridge, cool water or microwave.
10. Check fridge for items that have overstayed their welcome.



Stay tuned more to come

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