



February 12th Potluck Community Center

6:00 Social / Meal 6:30

If you want to beat the Valentine's Day Restaurant crowds or just want to enjoy a delicious meal with friends and neighbors come to our February Potluck. (6:00 social 6:30 meal) We will be having a 3 course meal catered by Carli-Co Café.

Menu

House Salad Romaine, Bell Peppers, Red Onions, Tomatoes, Olive Mix, Roasted Garlic, Grated Parmesan, Feta Cheese, Croutons with Italian Dressing

Choice of 1 of 2 entrees

Catfish Lillie Fried Catfish over Pasta Topped with Our Creamy Shrimp Sauce

Or

Roasted Pork Loin with fig sauce served with mashed potatoes

Side of green beans

Dessert

Bread Pudding with Rum Sauce

As usual bring the beverage of your choice.

Attire will be dressy casual. Wear Red for National Heart Health Month and Valentine's Day

The cost will be \$20. Please pay and select your entrée by February 6.

Sissy Bourgeois 225-206-0570, Gloria Champagne 770-317-5815,

Denise Hebert 985-320-8161

Gabriella Hunter 504-481-0190, Millie Matherne 225-474-3499

 February Birthdays

2-Sharon Duplantis
3-Joel Seidel
4-Carol Guidry
5-Jean Linn
7-Seneca Marlene
10-Gabriella Hunter

15-Shawn Miller
16-Chuck Rousselle
17-Geneviene Ford
Scott Loupe
Mark Neckameyer
18-Barbara Accardo
22-Ronnie Duplantis
26-Benita Swanson



WHAT'S THE DIFFERENCE BETWEEN A CONDO AND A TOWN HOUSE?

by: Jean Ingrassia

A condominium, or condo, is a building or community of buildings in which units are owned by individuals rather than a landlord. Condo owners only own the interior of their unit. All other areas, including the building exterior, lawn, and communal areas are property of the homeowners association. Condos come in a wide variety of architectural styles. They can be ranch-style attached units, 2 or 3 story units or be in a high rise building. A condominium refers only to type of ownership and not the type of house.

A townhouse refers to a style of construction which is usually conjoined units that are owned by individual owners. They are similar to row houses where owners usually share at least one or more walls. Owners own their unit's interior and exterior, including the roof, lawn, and driveway but not the common areas. The owner owns both the structure and the land on which it sits but since it is not free-standing, they own the front and backyard.

A review of the Greens Act of Restrictions state in the introductory paragraphs that: "All of the lots contained in said subdivision are hereby designated as residential lots and restricted to residential use only unless specifically noted by the developer. No building shall be erected, altered, placed or permitted to remain on any of said lots other than one (1) detached single family dwelling not to exceed 2 stories in height..." On 2002, the Restrictions, beginning with Lots 506-550, include attached townhomes as single family dwelling. Note also that these same restrictions state that the developer has the right to make any variances that do not conflict with Parish Codes and Regulations.



COMMUNITY CENTER HAPPENINGS

LINE DANCING – FEBRUARY 17th

Not just for the ladies...Line dancing will be held in the Community Center on the 3rd Sunday of the month at 3PM. Several Greens ladies have volunteered to teach us how to Line Dance. The event is FREE, so put on your dancing shoes and bring your favorite beverage and snacks.

BINGO - FEBRUARY 24th

Come one, come all! Bingo will be held in the Community Center on the 4th Sunday of the month at 3PM. The cost will be \$10.00 for 10 games, and \$1.00 per card for black out. Please bring your own marker (Bingo dauber) to mark your cards. (the Dollar Stores sell them) Bring your favorite beverage and snacks.

NEW - NIGHTTIME BOURRE' GAME - FEBRUARY 26th

This is a new nighttime Bourre' group for those who already know how to play the game. It will be held on the 4th Tuesday of the month at 6:30pm. This is in addition to the nighttime Bourre' group already playing then. Bring your favorite beverage.

Contact Tracy Goetzl to get the particulars and to reserve your place!!

Call or text 504-915-7601, email tgoetzl459@yahoo.com If anyone is interested in starting a new activity in the Community Center, please contact Tracy Goetzl, Activity Committee Chair, with your ideas!

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The Official Greens Newsletter February 2019

The Greens Soup & Salad Pot Luck was held on January 8, 2019. 50 residents enjoy the 16 soups that were brought by the residents. Also 10 salads, and delicious desserts complimented the soups. Everyone had a great time. What a great start to the New Year



Golf News

Pat Matherne scored a hole-in-one at Pelican Point on January 22 and collected a cool \$200 for being in the hole-in-one club. He sank his tee shot on hole 17 from 145 yards out, using an 8-iron. Witnesses were Jim Heno, John Stone, and Aaron Dunaway. This was Pat's fifth career hole-in-one.

Congratulations!



Take Care by Mona Hull, RN

So many temptations! Valentine candy, King Cake, Mardi Gras parties. You can sample these delicious wonders, but it is not necessary to overindulge. And once again, I'll remind myself and you that even though February 14th is considered the day for sweethearts, it doesn't hurt us to be kind to others. Yes, even, and perhaps, especially, toward those that drive us crazy.

American Heart Month

www.americanheart.org.

While you are selecting or reading your valentine cards or enjoying the flowers you received, remember to think about taking care of your physical heart as well as your emotional one.

If you do not see a physician on a regular basis, be certain to keep the appointment for an annual evaluation. A history and physical plus routine tests will be done to uncover any problem areas.

Exercise plays a critical role in our health. Maintain a blood pressure recommended by the AHA (less than 120/80). Keep cholesterol rates at/below normal (less than 200. Yes, I **KNOW** this is deep fried everything South Louisiana). Talk with your PCP about the best weight for you. High BMI's put you at risk for disorders you won't like (stroke, heart disease, diabetes).

Take your medications. Failing to do so may cause YOU to fail-----permanently.

Low Vision Awareness Month

www.nei.nih.gov

If you are able to see/read this, you are blessed. Millions of Americans cannot. Low vision is impairment that cannot be corrected with medication, regular surgery, contact lens, or standard eye glasses. It dramatically affects your ability to perform simple but necessary activities of daily living, causing depression and anxiety.

Causes are macular degeneration, glaucoma, retinitis pigmentosa, albinism, stroke, eye trauma and brain injury. See your eye professional for a yearly checkup, more often if you have a personal or family history of eye disease. They will do a standard vision exam, lighting magnification, depth perception and vision fields.

If diagnosed, special resources may include magnifier lens that filter light, reading prisms, audio books, and special devices that assist with daily life such as oversized or talking clocks and watches.

Lifesavers: Blizzards (the ice cream kind), love letters, playing with your new puppy.

Pet of the Month Meet Cricket Borrello, her mom is Gloria.

Cricket is a 2 year old Puggle, she was found in a kennel abandoned in a parking lot. She was placed in foster care and adopted through PetCo. Cricket tends to be lazy and once settled in her comfort zone, she won't come when called, so Gloria rings the doorbell to get her attention. Cricket prefers to sleep in a recliner at night, when her mom wakes in the morning and gives the ok sign Cricket jumps into bed with her. Not much of a barker, she is so quiet in the house that Gloria has to go look to see where she is. Most dogs first thing in the morning are eager to go out and tend to business not Cricket its breakfast first and then outside. Enjoyed my visit and meeting another neighborhood fur baby.



Stay Tuned 